



Top 10 Cyber Hygiene Tips for Employees



Use strong, unique passwords - don't reuse them across sites.

Enable multi-factor authentication (MFA) whenever possible

Lock your screen when stepping away from your device

Think before you click: avoid suspicious emails and links



Don't connect public Wi-Fi without a secure VPN.

Keep software, apps, and antivirus up to date

Back up your important files regularly.

Report strange system behavior or phishing attempts immediately

Use company-approved cloud storage and collaboration tools

Remember: cybersecurity is a shared responsibility